

INDIBA®

revitalizing lives

ACTIV

*A new wave
of MSK treatment*

INDIBA® is the market leader in radio frequency treatments, for reducing pain and accelerating the natural recovery of the body.

The INDIBA device generates a safe, pain free, electromagnetic wave that introduces energy to the body. This causes bio-stimulation and a thermal effect, which complements your recovery and can improve results from your first treatment.

TREATMENT WITH INDIBA CAN HELP TO:

- Reduce pain
- Improve mobilization
- Reduce swelling
- Enable faster healing

INDIBA can be used for a variety of musculoskeletal problems including:

- Osteoarthritis
- Lower back pain
- Neck pain
- Bursitis
- Tendinopathy
- Haematoma
- Muscle tears
- Sprains
- Strains
- Muscle spasm

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With over 300 papers supporting the results of INDIBA® and top athletes worldwide using our technology, why not speak to your therapist and find out about how INDIBA can help you.

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www.indiba.com

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REHABILITATION

Treatment of an injury can begin immediately after injury; reducing pain, swelling and speeding up recovery.

In chronic conditions such as osteoarthritis, INDIBA® can help in reducing pain for up to 3 months and improve function compared with just exercise and advice*. If you suffer from chronic low back pain, INDIBA can help in the ongoing management of this condition by reducing pain and enabling exercise, to improve symptoms and quality of life.

SPORT

You can be assured that most of the teams in the Champions League, Premiership, professional cycling, athletics and tennis use INDIBA. Make INDIBA part of your own training programme, preparing for competition and speeding up your recovery afterwards.

Using INDIBA as part of your routine can:

- Optimize healing
- Reduce pain
- Aid recovery, increasing deep blood flow and oxygenation

Contraindications include pacemakers or other electronic implants, pregnancy and thrombophlebitis.

* Kumaran and Watson 2018

